

B12 Injection Training Course

This course is open to all HCAs who are currently working with clients that require B12 injections. HCAs that attend this course will be undertaking advanced practice that requires professional maturity in their role and must be trained to or have the equivalent of an NVQ3.

The course requirements are that the HCA has existing skills in sharps management such as phlebotomy or injection skills such as with influenza vaccination. The HCA must be regularly updated on resuscitation and anaphylaxis training.

The course will provide a certificate of attendance, a competency framework to use with the mentor at the practice, a protocol for the administration of B12 injections by HCAs and an example of a Patient Specific Directive (PSD) for prescribing and legal purposes.

Aims and Objectives

- To provide HCAs with the knowledge and skills required for the procedure of administering B12 injections.
- To provide the HCA with resources, education and awareness of the legal issues, accountability and prescribing through delegation.
- To provide the mechanisms for the HCA to be signed off as competent by a trained nurse in their workplace and follow the protocols and framework supplied for safe practice.

Course Content

- The role of the HCA in extended practice
- What is Pernicious anemia
- What are the symptoms, causes and treatment of B12 deficiency
- How do I monitor patients with B12 deficiency
- How is B12 prescribed/ legal issues/ prescriptions: PSD
- What are the side effects/contraindications/follow up care/ anaphylaxis
- Record keeping/documentation/communication with patients/capacity/consent
- Injection administration and techniques including practical session
- Technique/route/infection control/safe handling and disposal of sharps
- Protocols/ competencies and supervised practice by mentor